## **SHEPARD VT COURSE OUTLINES**

## Be Amazing or Go Home Course Outline

Course 1: Be Amazing

Chapter 1 – Introduction

Chapter 2 – You Are Amazing

Chapter 3 – Anatomy of Amazement

Chapter 4 – From Misery to Amazement

Chapter 5 – The 7 Amazement Habits

Course 2: Amazing People Show Up Ready To Amaze

Chapter 1 – Show Up Ready to Amaze

Chapter 2 – Work on Lombardi Time

Chapter 3 - Remember: You're Always on Stage

Chapter 4 – Look Beyond the Clock

Habit No. 1 Activity

Course 3: Amazing People Are Proactive

Chapter 1 – Be Proactive!

Chapter 2 – Create a Predictability Positive Experience

Chapter 3 – Think Outside the Rulebook

Habit No. 2 Activity

Course 4: Amazing People Want Feedback

Chapter 1 – Ask Directly for Feedback

Chapter 2 - Rate Yourself

Chapter 3 – Fulfill the Promise

Chapter 4 – Commit to Constant, Never-Ending Improvement Habit No. 3 Activity

Course 5: Amazing People Take Personal Responsibility

Chapter 1 – Own It! Take Personal Responsibility

Chapter 2 – A Common Purpose

Chapter 3 – It's Not My Fault – But Now It's My Problem

Chapter 4 – Go the Extra Mile

Chapter 5 – Never Make an Excuse

Habit No. 4 Activity

Course 6: Amazing People Are Authentic

Chapter 1 – Mean What You Say

Chapter 2 - Get to "Yes," Get to "And"

Chapter 3 – Show R-E-S-P-E-C-T

Chapter 4 – Personalize It!

Chapter 5 – Share an Atkins Moment

Habit No. 5 Activity

Course 7: Amazing People Turn Moments of Misery into Moments of Magic Chapter 1 – Turn It Around Chapter 2 – Find the Why Chapter 3 – Don't Avoid Complaints ... Manage Them Chapter 4 – Spot the Competition's Moments of Misery Habit No. 6 Activity

Course 8: Amazing People Habitually Focus on Excellence Chapter 1 – Make Excellence a Habit Chapter 2 – Cultivate the Leadership Mindset Chapter 3 – Sweep Like Beethoven Plays Piano Habit No. 7 Activity

**Course 9: Final Farewell** 

Chapter 1 – Mediocrity is the Enemy of Amazing Chapter 2 – Congratulations Final Farewell